

# Junior Ninja Class

**For Boys age 5-10**

In ancient times Ninjas were masters of movement, completing their missions while scaling walls and dashing through castle courtyards. This class will emphasize the movement skills of the Ninja, with these benefits for the students: \*A full-body workout using obstacle courses and the unique Gymnastics North equipment. \*Learning to think on your feet as students make quick choices negotiating the course. \*Increased self-confidence to overcome obstacles \*Lots of jumping, climbing, bouncing, swinging, rolling activities for maximum fun!

*Minimum Numbers Needed; call to get on list*

**New 8 week session runs**

**Jan. 11-March 1**

**Friday 4:00-5:00 p.m.**

*New Student Special: \$118 (includes special Ninja T-shirt)*

*Returning students will continue to pay this special price (without T-shirt or Registration Fee)*

**Gymnastics North**

**1501-A E. Laurel Ave.**

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**(805)735-6163**

***gymnorth.com***

