



LEAPS & BOUNDS

November 2018

The monthly newsletter
of *Gymnastics North*

**Celebrating 37 years
of business!**

Website:
www.gymnorth.com

HOLIDAY PARADES

The first week in December we plan to participate in the local Christmas parades: Friday 12/7 evening in Lompoc and Saturday 12/8 morning in Solvang. I'll send home notes with details about the parades later this month, but remember that Lompoc participants must wear our Gymnastics North sweatshirts (\$22) and the warmer Solvang parade requires Gym North t-shirts or sweatshirts.

★ "The gymnastics
★ professionals"
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Crayons & Cartwheels

The first two months of our new program were a great success, so much so that we're adding an instructor and opening the class up to new students! Offered on Fridays from 9-12, K enrichment experience for ages 3-5 features arts and crafts, science projects, music and movement, story time, sensory activities, and gymnastics fun!! Act now to add your preschooler to this beneficial program!



***READ
*Crayons &
*ABOUT IT!
*Cartwheels
adds spaces
*Turkey
Camp
*Parades
coming**

Move-Up Night

When we give you a notice to attend Move-up Night it's a big deal! This means your student is ready to pass a test and receive a certificate, maybe move to a new class. Please try to attend. Next one: Friday 11/30 at 6:00 p.m.

Congrats to Our Team Girls!!

We are happy to report that all nine of our Level 2 and 3 USA Gymnastics sanctioned team girls succeeded in qualifying for the State Meets to be held this month! You can see their photos on the walls of our lobby. At the most recent preliminary meet in SLO highlights included Tiana getting 2nd on Vault & 3rd on Bars plus Samantha receiving two 1sts and a 2nd on Vault, Floor, and Beam with 2nd All-Around. Good luck to all participants at the upcoming state meets!

UPCOMING
EVENTS:
Move-Up Night:
11/30
Junior Ninja:
Sept. 28-Nov. 16
Turkey Camp:
Nov. 19-21 & 23
No classes Nov.
22-23
Christmas
Parades:
Lompoc: 12/7
(pm)

Level Move-Ups

Congrats to these recent
advancers!

- Passed White I:
Leeanna Briones
Madison Caballero
Mazzie Combs
Samantha Escobar
Leighton Evans
Charlotte Harvey
- Passed White II:
Aubree LaMere
- Moved to Red Level
Melanie Cervantes
Lyric Pannell

Great Job!

Solvang: 12/8
(am)

HOW TO SAVE \$ ON FEES

1. Refer a friend! We'll give you \$10 in Referral Bucks for each friend who joins because of your referral! Just let us know. 2. Pay for 3 months in advance and receive a 5% discount. 3. Pay for 6 months in advance to get a 10% discount.

IMPORTANT TUMBLE TOTS & KINDERGYM INFORMATION:

The new preschool session runs Nov. 1-Dec. 23. (8 weeks). *class can do a make-up shorter 7-week session, although you actually had a bonus class last session for no extra cost.*



Reminders

***Make-ups:** we are happy to offer a make-up for classes you miss for illness or emergency, but please try to keep this to a minimum. Our classes are staffed based on our target student:teacher ratio and it can be dangerous if too many students are in a class. We reserve the right to turn away a make-up student if a class is too full. **Remember: we don't pull out your star sheet from another day so you can't earn stars on make-up class days.**

Junior Ninja

This very popular program for boys age 5-10 finishes the fall session on Friday 11/16. We plan to offer a new session beginning in January, so keep posted.

Tumble Tots Class

Our super fun class for toddlers has lots of room right now, so sign up for a session! For ages 1-3, this parent-participation class offers jumping, hanging, rolling, swinging, climbing, bouncing, and much more for the development of balance, coordination and strength in young ones. See office for more details.

No classes

Nov. 22-23

Open Saturday 11/24

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"The gymnastics professionals"

*****GYMNAST OF THE MONTH*****

Each month we select a gymnast who has exhibited good focus, cooperation, and hard work in class. They receive a certificate, T-shirt, and \$5 in GymBucks.



Member: Keira Robinson

